NELFT NHS
NHS Foundation Trust

Kent Emotional Wellbeing Teams
Medway Emotional Support Teams

Parent Sessions

Coffee Afternoon

Bligh Primary School

Tuesday 6th October at 14:30pm

Your school's Emotional Wellbeing Practitioner, would like to invite you to our parent coffee morning.

Please come along for an informal chat about our Emotional Explorers Group for children 8 years and above

The Emotional Support Team is specially trained to help children at school with their wellbeing and mental health. We understand that from time to time children need additional support so we're here to help. We believe that getting early help can prevent difficulties from getting bigger so that children can enjoy their life.

We work alongside everyone in the school community to promote a 'whole school approach' to emotional wellbeing and mental health. We can also think with parents about their children's feelings and behaviour, sharing information and working together to find a way forwards.

www.nelft.nhs.uk